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Cross-Cultural Happiness

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TOWARD A BETTER UNDERSTANDING OF...

CROSS-CULTURAL HAPPINESS

Audrey Schield

Mentor: Tim Bono

I initiated this research to investigate the question, “What makes you happy?” Based on existing research in the fields of personality and positive psychology, I understood the underlying contributing factor to be subjective wellbeing, but I found that the opportunity to answer an open-ended question created many new interesting areas for study. After studying this question in India and Chile I was excited to bring my work back to Washington University in St. Louis and investigate how undergraduates at Washington University articulate happiness and what affects the way we communicate what makes them happy.